

GENESIS HEALTH SUITE

TEMPLE

BEAUTY ROOMS



01803 559 828

DECLÉOR FACE TREATMENTS

Decleors holistic facials are famous worldwide for their heavenly feel and simply stunning results. Every treatment begins with a unique back diagnostic massage for your relaxation and to provide your therapist with an insight into your overall state of health. The use of expert massage techniques and 100% pure, preservative-free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

Discovery Facial

30 Mins

£30.00

The effective rescue remedy for perfectly radiant skin.

Includes revitalising massage, Essential Oils and a gentle polish to wake-up tired skin leaving it fresh and radiant.

Vital Eyes

30 Mins

£30.00

Anti-ageing and visibly plumping for a smoother eye zone.

Put the sparkle back! Featuring repairing and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase wrinkles for a sparkling, rested eye zone.

Ultimate Vitamin Glow Aromaplasty

1 Hour 15 Mins

£45.00

Award winning vitamin facial to leave your skin visibly radiant.

Power-packed with vitamins and anti-oxidants, this award-winning facial melts away stress. Combines a rebalancing Essential Oil elixir plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing.

Decleor Expert Facials

1 Hour 15 Mins

£50.00

These targeted treatments provide an expert response for the needs of every skin type.

Moisture Quench (Hydration)

Deeply Hydrating facial for super-soft skin.

Oxygenating Pure and Matt (Purify)

Intensely balancing and detoxifying for visible clarity.

Divine Nutrition (Nourish)

Deliciously cocooning and nourishing to comfort and repair.

Harmonie Calm (Soothe)

Desensitises and reinforces stressed, fragile and reactive skins.

Decleor Advanced Anti-Ageing Facials

1 Hour 15 Mins

£55.00

Three technologically advanced facials to fight every concern, each with precise and blissful ritual. These treatments bring a new lease of life to maturing complexions, offering dramatic improvement in skin tone and clarity.

Bio Retinol Resist (30+)

Youth-boosting anti-wrinkle treatment.

Collagen Plump and Lift (40+)

Ultimately effective anti-ageing facial leaving the skin plumper and firmer.

Orexcellence anti-ageing facial (50+)

Triple performance to eliminate wrinkles, loss of tone and dryness.

DECLEOR BODY TREATMENTS

Everyday stresses and strains simply disappear with our heavenly Decleor body treatments to either relax, detoxify, tone or stimulate.

Tranquillity Scalp Massage

30 Mins

£30.00

Intensively relaxes to ease tension and aid sleep.

Intensely de-stressing scalp treatment to banish tension and aid restful sleep. Power point massage includes Rosemary and Lavender Essential Oils to invigorate and calm leaving a feeling of pure serenity.

Cleansing and Purifying Back Treatment

30 Mins

£30.00

Decongests and Brightens for a beautiful back.

With a ski-brightening exfoliation to target spots, blemishes and dull skin, this facial for your back transforms congested skin, leaving it clear and strokeably soft.

Radiant Mum-To-Be Treatment

1 Hour 15 Mins

£55.00

Safe and nurturing pregnancy ritual, suitable for pregnancies over 12 weeks.

Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.



MASSAGE TREATMENTS

Stimulating massage to relieve tired aching muscles and aids relaxation

Swedish full body massage	1 Hour - £45.00
Swedish back and neck massage	30 Mins - £25.00
Swedish leg and foot massage	30 Mins - £25.00



HOLISTIC TREATMENTS

Aromatherapy full body massage 1 Hour - £50.00
Relieve stress and refresh your body and mind with our aromatherapy massages

Aromatherapy back and neck massage 30 Mins £30.00

Indian Head Massage 45 Mins - £35.00

Hot Stone Full Body Massage 1 Hour 15 Mins - £50.00

Hot Stone Back & Neck Massage 30 Mins - £30.00

Thermal Auricular Therapy 45 Mins - £35.00

The ear candles induce a revitalising heat upon the head and ears which soothes, relieves and relaxes

SPRAY TANNING

Xen-Tan £20.00

The ultimate sunless tanning experience. An olive based

spray tan lasting up to 10 days.

XEN-TAN

EYE TREATMENTS

Eyelash Tint	£11.00
Eyebrow Tint	£8.00
Eyelash and Eyebrow Tint	£15.00
Eyelash and Eyebrow Tint and Shape	£20.00
Eyebrow Shape (Tweezers)	£10.00
Eye Brow Tint and Eye Brow Wax	£15.00

WAXING TREATMENTS

Full Leg	£21.00
Full Leg and Bikini	£27.00
Half Leg	£14.00
Half Leg and Bikini	£22.00
Standard Bikini	£9.00
Brazilian / Hollywood Bikini	£23.00
Brazilian / Hollywood Maintenance	£18.00
Underarm	£9.00
Eyebrow	£9.00
Lip or Chin	£7.00
Lip and Chin or Lip and Eyebrow	£13.00
Forearm	£10.00
Chest or Back	£20.00

LIVING SEA THERAPY

Indulge in our sea minerals manicures and pedicures using hand harvested sea salt and seaweed from the Cornish waters.

Sea mineral manicures **1 Hour - £35.00**

Includes Nail shaping, Cuticles, Exfoliate, Massage and Polish of your choice.

Pedicure **1 Hour - £35.00**

Includes Nail shaping, Cuticles, Foot file, Exfoliate, Massage and Polish of your choice

NAIL TREATMENTS - Manicures

Delightfully crafted manicures that will leave your hands and nails hydrated and conditioned.



CND luxury manicure

Replenish and condition. This luxury treatment will leave your hands feeling plumped and supple. Includes nail shaping, cuticle, exfoliation, mask, massage and polish of your choice. **1 Hour - £30.00**

CND spa manicure

Rejuvenate, renew and protect. Includes nail shaping, cuticles, massage and polish of your choice. **45 Mins - £25.00**

Mini manicure

Express nail treatment, which includes file and CND polish of your choice. **30 Mins - £15.00**

Shellac Manicure

1 Hour - £25.00

Free removal with application

Shellac polish has a durable finish lasting up to 2 weeks. Manicure includes nail shaping, cuticles and polish of your choice.

Shellac Removal

15 Mins - £10.00

Includes soak off, file, buff and oil.

Pedicures

Ultimate pedicure treatments that cleanse, renew and restore the spirit and the mind as well as the feet.

CND Spa Luxury Pedicure **1 Hour 15 Mins - £30.00**

Treat your feet to a luxurious spa experience. Formulated with nature's most soothing and effective botanicals. Includes nail trim, cuticles, skin softening, mask and massage, finished with a polish of your choice.

CND Spa Pedicure **1 Hour - £25.00**

Renew, replenish and restore your tired aching feet with a pamper experience from CND. Includes nail trim, cuticles, massage and polish of your choice.

CND Mini Pedicure **30 Mins - £15.00**

Express nail treatment, which includes file and CND polish of your choice.

Shellac Pedicure **1 Hour - £25.00**

Free removal with application

A durable finish lasting up to 2 weeks. Treatment includes nail trim, cuticles and Shellac polish of your choice.

Shellac Polish Removal **15 Mins - £10.00**

Includes soak off, file, buff and oil.

Add on £10 to any manicures or pedicures for shellac instead of polish.

TEMPLE

PAMPER PACKAGES

Whether you are celebrating a special occasion, unwinding from a long week at work or just in need of a little pampering, let us tempt you with one of our indulgent pamper packages.

Traditional Afternoon Tea Package **£45.00**

Enjoy a 30-minute treatment and full use of the leisure facilities. Complete your pamper experience with a traditional afternoon tea, including finger sandwiches, homemade scones with delicious jam and Devonshire clotted cream, a selection of scrumptious cakes and fancies and a pot of tea.

Bronze **£45.00**

After your pot of tea/coffee upon arrival, treat yourself or a friend to a relaxing 30-minute treatment, enjoy a soft drink of your choice and a delicious lunch in the beautiful Sun Lounge up to the value of £8.00 from our varied lunch menu, as well as full use of our leisure facilities throughout the day.

Silver **£60.00**

Spoil yourself or a friend to the Silver package, which will include a pot of tea/coffee on arrival, 1-hour worth of treatments, a delicious lunch up to the value of £12.00 from our lunch menu in the beautiful Sun Lounge and a soft drink, as well as full use of our leisure facilities through the day.

Gold **£75.00**

Feel completely pampered with our most indulgent package. After enjoying a pot of tea or coffee upon your arrival, utterly relax with 1 hour and 30 minutes worth of treatments as well as a full days use of our leisure facilities. Also enjoy a delectable meal from our Sun Lounge lunch menu up to the value of £12.00 and a soft drink.

If you would like to make your pamper package even more decadent, add a tantalising bottle of bubbly for an extra £20.50 or be truly indulgent with a bottle of champagne for an extra £45.00.

B E A U T Y

PAMPER TREATMENTS AVAILABLE

30 minute treatments

Swedish Back and Neck Massage, Swedish Leg and Foot Massage, Mini Manicure, Mini Pedicure, Decleor Scalp Massage, Decleor discovery facial

1 hour treatments

Swedish Full Body Massage, Vitamin Glow Facial, Luxury CND Manicure, Luxury CND pedicure, Shellac Manicure

Facilities

- Qualified instructors
- Fully air-conditioned gym with widescreen Television
- Health and fitness consultation · Personalised programmes
- Indoor heated swimming pool · Spa pool
- Sauna and steam rooms · Comfortable changing rooms
- Disabled changing facilities · Luxurious beauty rooms

OPENING TIMES

Monday: 9.30am - 5.30pm

Tuesday: 9.30am - 5.30pm

Wednesday: 9.30am - 8.00pm

Thursday: 9.30am - 5.30pm

Friday: 9.30am - 5.30pm

Saturday: 9.30am - 5.30pm

Sunday: 9.30am - 2.30pm

Temple Beauty at Genesis Health Suite
Palace Hotel, Esplanade Rd, Paignton TQ4 6BJ
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Prices, times and treatments are correct at the time of going to print; these may be changed without notice.