

  
GENESIS HEALTH SUITE  
*Temple Beauty Rooms*



*Opening Hours*

Monday	9.30am - 5.30pm
Tuesday	9.30am - 5.30pm
Wednesday	9.30am - 5.30pm
Thursday	9.30am - 5.30pm
Friday	9.30am - 5.30pm
Saturday	9.30am - 5.30pm
Sunday	9.30am - 3.30pm

**CALL 01803 555121 OR 01803 559 828 TO BOOK**

# Decleor Face Treatments

*Decleors holistic facials are famous worldwide for their heavenly feel and simply stunning results. The use of expert massage techniques and 100% pure, preservative-free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.*

DECLÉOR  
PARIS

## RESET & REVITALIZE FACIAL | 75 MINS | £55

*Award-winning ultimate vitamin glow facial*

Enjoy Decleor's iconic back diagnostic massage & a unique facial providing a 100% Natural power packed vitamin glow mask to the skin easing away stresses and giving your skin an instant glow.

## DECLÉOR EXPERT FACIALS

These targeted treatments provide an expert response for the needs of every skin type.

## QUENCH & PROTECT

*For de-hydrated skin*

Deeply nourish & restore the hydration levels within the skin revealing a beautiful complexion & skin that feels cashmere soft.

30 Mins | £33

60 Mins | £60

90 Mins | £70

## CLEAN & REBALANCE

*For oily/combination skin*

Deeply cleanse and detoxify any impurities with this gentle but effective facial, using rosemary essential oil to balance & purify from within leaving you with a brighter, fresh skin & feeling relaxed.

30 Mins | £33

60 Mins | £60

90 Mins | £70

## COCOON & REPAIR FACIAL

*For dry skin*

Cocoon your skin with this extra nourishing facial using our intense range leave your skin feeling relaxed, restored and protected from environmental pollutions.

30 Mins | £33

60 Mins | £60

90 Mins | £70

## CALM & STRENGTHEN

*For sensitive skin*

If your skin is feeling tight and uncomfortable then this facial is perfect for you, it will leave you feeling calm, cooled and de-stressed.

30 Mins | £33

60 Mins | £60

90 Mins | £70

## MOISTURE BRIGHT FACIAL

*For tired/dull skin*

If your wanting a brighter complexion & to restore radiance this facial will hydrate the skin by 71% within the first hour. It also contains our white petal skin perfecting mask & will leave your skin with luminosity, lighter pigmentation marks and turbo charge cell regeneration.

30 Mins | £33

60 Mins | £60

90 Mins | £70

## SMOOTH & REVITALIZE | 30 MINS | £33

Delicately nurturing the most sensitive and delicate part of the face, this specialized treatment is fatigue fighting, moisture quenching and wrinkle smoothing for a dramatically younger looking eye zone.

## ADVANCED ANTI-AGEING FACIALS | 75 MINS | £75

*Technologically advanced facials to fight every concern, each with precise and blissful ritual. These treatments bring a new lease of life to maturing complexions, offering dramatic improvement in skin tone and clarity.*

### **25+ Smooth & Glow Facial**

Hyaluronic acid wrinkle resist. Enriched with vitamins & antioxidants & the youthful green Mandarin essential oil will leave your skin plump smooth and glowing with radiance.

### **Plump & Lift Facial - Facial Lift Yoga**

Unique facial combining inspiration from the flow of Yoga and using lavender Iris essential oil for smoothed, firmed and luminous skin with a visibly lifted appearance to the cheekbones and eyelids.

### **Sculpt & Rejuvenate - Facial Pilates**

This facial has been crafted to deliver a natural lift to the face, helping to re-shape natural contours with a re-cushioning effect. Using facial massage techniques and the outstanding Energy Youth Concentrate Mask, this will plump and smooth fine lines whilst softening and increasing the tone, leaving the skin feeling supple, radiant & youthful.

# Decleor Body Treatments

*Everyday stresses and strains simply disappear with our heavenly Decleor body treatments to either relax, detoxify, tone or stimulate.*

## TRANQUILITY SCALP MASSAGE | 30 MINS | £35

*Intensively relaxes to ease tension and aid sleep*

Intensely de-stressing scalp treatment to banish tension and aid restful sleep. Power point massage leaving a feeling of pure serenity.

## CLEANSING BACK TREATMENT | 30 MINS | £35

*Decongests and brightens for a beautiful back*

With a ski-brightening exfoliation to target spots, blemishes and dull skin, this facial for your back transforms congested skin, leaving it clear and strokeably soft.

## RADIANT MUM-TO-BE TREATMENT | 75 MINS | £65

*Safe and nurturing, suitable for pregnancies over 12 weeks*

Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.

# Holistic Treatments

*Stimulating massages to relieve tired, aching muscles.*

**Swedish full body massage** | 1 Hour | £49

**Swedish back and neck massage** | 30 Mins | £29

**Swedish leg and foot massage** | 30 Mins | £27

**Aromatherapy back and neck massage** | 30 Mins | £35

**Aromatherapy full body massage** | 1 Hour | £59

*Relieve stress and refresh your body and mind with our aromatherapy massages using essential oils.*

**Indian Head Massage** | 45 Mins | £40

**Hot Stone Full Body Massage** | 1 Hour 15 Mins | £65

**Hot Stone Back & Neck Massage** | 30 Mins | £35

**Thermal Auricular Therapy** | 45 Mins | £40

# For the gents

**Swedish full body massage** | 1 Hour | £49

**Cleansing Back Treatment** | 30 Mins | £35

**Reset & Revitalise Facial** | 75 Mins | £55

## *Eye Treatments*

Eyelash Tint | £15

Eyebrow Tint | £11

Eyelash and Eyebrow Tint | £18

Eyelash and Eyebrow Tint and Shape | £25

Eyebrow Shape (Tweezers) | £12

Eye Brow Tint and Eye Brow Wax | £20

## *Waxing Treatments*

Full Leg | £28

Half Leg | £15

Standard Bikini | £12

Underarm | £10

Eyebrow | £11

Lip or Chin | £9

Lip OR Chin and Eyebrow | £20

## *Nail Treatments*

**LUXURY SEA MINERAL MANI / PEDI | 1 HOUR | £45**

Rejuvenate, renew and protect. Includes nail shaping, cuticles, exfoliate, massage, heated treatment and finished with a polish of your choice.

**MINI MANICURE / PEDICURE | 30 MINS | £25**

Express nail treatment which includes massage, file and finish and cuticle work, with a polish of your choice

**SHELLAC MANICURE / PEDICURE | 1 HOUR | £30**

Shellac polish has a durable finish lasting up to 2 weeks, manicure includes nail shaping, cuticles and polish of your choice as well as free removal with application

**SHELLAC REMOVAL | 15 MINS | £15**

Includes soak off, file, buff and oil

*£10 extra for any nail treatment for shellac instead of polish*

# Pamper Packages

*In need of a little pampering? Let us tempt you with one of our indulgent pamper packages. Robes and slippers are included in all packages.*

## **ISADORA PACKAGE | £50**

Enjoy a 30-minute treatment & full use of the leisure facilities. Complete your pamper experience with a traditional afternoon tea, including finger sandwiches, homemade scones with delicious jam and Devonshire clotted cream, a selection of scrumptious cakes and fancies and a pot of tea. Why not add on a little extra face mask, mini foot massage or a mini scalp massage for only £10.

## **ISADORA COUPLES PACKAGE | £95**

Includes all of the above as well as your choice of a glass of pink or white sparkling wine each and a bowl of strawberries.

## **PARIS PACKAGE | £69**

Spoil yourself with our Paris Package which includes a 30-minute treatment plus a choice of either a face mask or foot massage, full use of the leisure facilities and a delicious lunch up to the value of £10 and a glass of bubbly or 175ml glass of wine of your choice.

## **PARIS COUPLES PACKAGE | £133**

Includes all of the above as well as your choice of a glass of pink or white sparkling wine each and a bowl of strawberries.

## **SINGER PACKAGE | £95**

Indulge in our Singer Package which includes a tea/coffee or soft drink on arrival, relax with a full hour worth of treatments, a face mask and foot massage & full use of the leisure facilities. Also enjoy a delectable meal from our Sun Lounge lunch menu up to the value of £10 and a glass of bubbly or 175ml glass of wine of your choice.

## **SINGER COUPLES PACKAGE | £195**

Includes all of the above as well as your choice of a glass of pink or white sparkling wine each and a bowl of strawberries.

## **LAZY DAYS SWIM & LUNCH | £25**

Enjoy tea and coffee on arrival then spend an hour relaxing in our Genesis Health Suite and indulge in a light lunch up to the value of £10 whilst taking in the stunning sea views across the bay and beyond. If you wish to hire robes and slippers for the day there is a charge of £10 per person.

## *Treatments*

### **30 MINUTE TREATMENTS**

*Swedish Back and Neck Massage, Swedish Leg and Foot Massage, Mini Manicure, Mini Pedicure, Declor Scalp Massage, Declor Expert facial*

### **1 HOUR TREATMENTS**

*Swedish Full Body Massage, reset & revitalize facial, luxury sea mineral manicure, luxury sea mineral pedicure, Shellac Manicure or Pedicure*