

GENESIS HEALTH SUITE  
*Temple Beauty Rooms*



# Facial Treatments

## SIENNA EXPRESS FACIALS

*These targeted treatments, provide an expert response for the needs of every single skin type.*

### SKIN QUENCHING

*All skin types*

Deeply nourish & restore the hydration levels within the skin, revealing a beautiful complexion & skin that feels cashmere soft.

30 min • £33

1 hour • £60

90 mins • £70

### BRIGHTENING FACIAL

*All skin types*

If your skin is feeling tight and uncomfortable, then this facial is perfect for you. It will leave you feeling calm, cooled, and de-stressed.

30 mins • £33

1 hour • £60

90 mins • £70

### SIENNA GLOW FACIAL

*All skin types*

If you want a brighter complexion, with radiance restored, this facial, will hydrate the skin by 71% within the first hour. It also contains our white petal skin perfecting mask, which will leave your skin with luminosity, lighter pigmentation marks and turbo charge cell regeneration.

30 mins • £35

1 hour • £60

### ANTI-AGEING FACIALS

Technologically advanced facials, to fight every age-related concern, each with precise and blissful ritual. These treatments, bring a new lease of life to maturing complexions, offering dramatic improvement to skin tone and clarity.

75 mins • £79





## *Massages and Body Treatments*

### **TRANQUILITY SCALP MASSAGE**

*Intensively relaxes to ease tension and aid sleep.*

Intensely de-stressing scalp treatment, to banish tension and aid restful sleep. Power point massage, leaving a feeling of pure serenity.

30 mins • £35

### **CLEANSING BACK TREATMENT**

*Decongests and brightens for a beautiful back.*

With a skin brightening, exfoliation to target spots, blemishes, and dull skin, this facial for your back, transforms congested skin, leaving it, clear and soft.

30 mins • £35

### **SWEDISH MASSAGE**

*Stimulating massage to relieve tired, aching muscles.*

Swedish full body massage 1 hour • £49

Swedish back and neck massage 30 mins • £29

Swedish leg and foot massage 30 mins • £27

### **DEEP TISSUE MASSAGE**

Back, neck and shoulder massage 30 mins • £45

### **SPORTS MASSAGE**

1 hour on request • £55

### **AROMATHERAPY OR HOLISTIC MESSAGES**

*Relieve stress and refresh your body and mind with our Aromatherapy or Holistic massages.*

Aromatherapy full body massage 1 hour • £59

Aromatherapy back and neck massage 30 mins • £39

Indian head massage- 45 mins • £45

Hot stone full body massage 1 hour • £69

Hot stone back and neck massage 30 mins • £45

## *Beauty Treatments*

Eyelash Tint • £15

Eyebrow Tint • £11

Eyelash and Eyebrow Tint • £18

Eyelash and Eyebrow Tint and Shape • £25

Eye Brow Tint and Eye Brow Wax • £20

## *Waxing Treatments*

Full Leg • £28

Half Leg • £15

Standard Bikini • £12

Underarm • £10

Eyebrow • £11

Lip or Chin • £9

Lip OR Chin and Eyebrow • £20

## *Nail Treatments*

### **LUXURY SEA MINERAL MANI OR PEDI**

Includes, soak, scrub, file, nail and cuticle trim, massage & heat treatment along with a polish of your choice.

1 Hour • £47

### **EXPRESS NAIL TREATMENT**

For natural nails.

£29

### **EXPRESS MINI MANICURE OR PEDICURE**

Includes file, and shape with the polish of your choice. For natural nails only.

30 Mins • £29



# *Pamper Packages*

*In need of a little pampering? Let us tempt you with one of our indulgent pamper packages. Robes and slippers are included in all packages.*

## **ISADORA PACKAGE**

### **½ hour treatment**

Either Swedish Back & Neck Massage  
or Aromatherapy Back & Neck Massage  
or Express Facial

### **3 hours full use of our Spa facilities**

Pool, Sauna, Steam Room & Gym

**£15 towards lunch in our Sun Lounge**

Glass of prosecco with meal

**£65 PER PERSON • £120 FOR TWO**

## **PARIS PACKAGE**

### **1 hour 15mins treatment**

Either Swedish Back and Neck Massage  
or Express Facial plus Scalp massage  
or Foot massage

### **3 hours full use of our Spa facilities**

Pool, Sauna, Steam Room & Gym

### **Afternoon tea**

With a glass of prosecco

**£90 PER PERSON**

## **LAZY DAYS SWIM & LUNCH**

Tea or Coffee on arrival

Towel provided

2 hours full access to our Spa Facilities

10% discount on any of our Beauty Treatments

**£12 towards lunch in our Sun Lounge or gardens, or Pod**  
(bookings separate)

**£29 PER PERSON**

## **LAZY DAYS (4 - 8 GUESTS)**

Tea or Coffee on arrival

Towel provided

2 hours full access to our Spa Facilities

10% discount on any of our Beauty Treatments

Enjoy the Palace afternoon experience in our Pod

**£30 PER PERSON**



## *Opening Hours*

Monday	9.30am - 5.30pm
Tuesday	9.30am - 5.30pm
Wednesday	9.30am - 5.30pm
Thursday	9.30am - 5.30pm
Friday	9.30am - 5.30pm
Saturday	9.30am - 5.30pm
Sunday	9.30am - 3.30pm

*Call 01803 555121 or 01803 559 828 to book.*