



GENESIS HEALTH SUITE  
*Temple Beauty Rooms*

## *Facial Treatments*

### **SIENNA X FACIALS**

All our facial treatments are done using Sienna X, a multi award-winning botanical, natural, vegan and cruelty free skincare Range. Dermatologically tested and clinically proven, Suitable for all skin types & certified by the Vegan Society!

### **SKIN QUENCHING**

*All skin types*

Deeply nourish & restore the hydration levels within the skin, revealing a beautiful complexion & skin that feels cashmere soft.

**1 hour** £65   **75 mins** £70

### **BRIGHTENING FACIAL**

*All skin types*

If your skin is feeling tight and uncomfortable, then this facial is perfect for you. It will leave you feeling calm, cooled, and de-stressed.

**1 hour** £65   **75 mins** £70

### **SIENNA GLOW FACIAL**

*All skin types*

If you want a brighter complexion, with radiance restored, this facial, will hydrate the skin by 71% within the first hour. It also contains our white petal skin perfecting mask, which will leave your skin with luminosity, lighter pigmentation marks and turbo charge cell regeneration.

**1 hour** £60   **75 mins** £70

### **ANTI-AGEING FACIALS**

Technologically advanced facials, to fight every age-related concern, each with precise and blissful ritual. These treatments, bring a new lease of life to maturing complexions, offering dramatic improvement to skin tone and clarity.

**75 mins** £75

## *Dip & Dine*

### **£25 PER PERSON**

Tea or coffee on arrival, 90mins use of facilities as well as £10 towards lunch or afternoon tea. Towels not included.

## *Massages and Body Treatments*

### **TRANQUILITY SCALP MASSAGE**

*Intensively relaxes to ease tension and aid sleep.*

Intensely de-stressing scalp treatment, to banish tension and aid restful sleep. Power point massage, leaving a feeling of pure serenity.

**45 mins** £45

### **SWEDISH MASSAGE**

*Stimulating massage to relieve tired, aching muscles.*

Swedish full body massage **1 hour** £65  
Swedish back and neck massage **30 mins** £45  
Swedish leg and foot massage **30 mins** £45

### **DEEP TISSUE MASSAGE**

Back, neck and shoulder massage **30 mins** £50

### **AROMATHERAPY & HOLISTIC MASSAGES**

*Relieve stress and refresh your body and mind with our Aromatherapy or Holistic massages.*

Aromatherapy full body massage **1 hour** £70  
Aromatherapy back and neck massage **30 mins** £50  
Hot stone full body massage **1 hour** £80  
Hot stone back and neck massage **£30 mins** £55

### **SPORTS MASSAGE**

*Subject to availability - Wednesdays to Sundays*

**1 hour on request** £60

### **PREGNANCY MASSAGE**

*Subject to availability - Wednesdays to Sundays*

Relax while your highly trained therapist safely and gently, treats your tummy, back and legs to a truly nurturing experience, that helps reduce stretch marks, relieves heavy legs and calms the mind.

**1 hour** £70

Call 01803 555121 or 01803 559 828 to book  
or email [genesis@palacepaignton.com](mailto:genesis@palacepaignton.com)